

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SAMPLE MENU				B Scrambled Eggs, Bacon, Cinnamon Raisin Toast, Fresh Fruit 1 L Loaded Baked Potato w/ Ham, Broccoli, Cheddar Cheese, Sour Cream & Chives, Marinated Tomatoes D Chicken Marsala w/ Mushrooms over Pasta, Peas & Onions May Day	B Fried Eggs, Sausage Patty, English Muffin, Fruit 2 L Reuben Burger on a Wheat Bun, Cowboy Beans, Garden Salad, Fresh Fruit D Beer Battered Cod w/ Homemade Tartar Sauce, Texas Toast, Apple Coleslaw	B Continental Breakfast 3 L Grilled Monte Cristo w/ Ham & Raspberry Preserves, Spinach Salad w/ Strawberries & Almonds, Fresh Fruit D Stuffed Chicken Breast w/ Spinach, Cream Cheese, Orange Glazed Sweet Potatoes, Roasted Brussel Sprouts
B Continental Breakfast 4 L Tuna Salad on a Croissant w/ Lettuce & Sweet Pickles, Sun Chips, Fresh Fruit D Baked Ham w/ Apricot Glaze, Buttermilk & Chive Mashed Potatoes, Fire Roasted Baby Carrots, Wheat Dinner Roll	B Scrambled Eggs w/ Cheddar & Chive, Wheat Toast, Fresh Fruit 5 L Lemon Pasta & Pea Salad w/ Chicken, Crostini D Beef Fajitas in a Flour Tortilla w/ Onions & Peppers, Cheddar Cheese, Sour Cream & Salsa, Black Beans & Rice, Fresh Fruit Cinco de Mayo	B Scrambled Eggs, Bacon, Cinnamon Raisin Toast, Fresh Fruit 6 L Chicken Tenders w/ Dijon Mustard Sauce, Tater Tots, Tangy Carrot Slaw, Waldorf Salad D Herbed Pork Chop, Parsley Potatoes, Sauteed Yellow Squash & Zucchini, Dinner Roll	B Hard Boiled Eggs, Potato Pancakes w/ Applesauce, Morning Pastry & Fresh Fruit 7 L Fish Sandwich on a Wheat Bun w/ Lettuce, Tomato & Tartar Sauce, Braised Beans D Teriyaki Beef Tips, Japanese Fried Rice, Roasted Napa Cabbage	B Fried Eggs, Bacon, Breakfast Potatoes, Wheat Toast, Fresh Fruit 8 L Sausage Pizza, Garden Salad, Fresh Fruit Cup D Bourbon Chicken w/ Green Onions, Red Skinned Mashed Potatoes, Seasoned Peas, Fresh Fruit	B Belgian Waffle w/ Strawberries & Whipped Cream, Sausage Links, Fresh Fruit 9 L Three Cheese Baked Macaroni, Sauteed Greens & Garlic, Fresh Fruit D Roasted Salmon w/ Curry Cream Sauce, Quinoa Rice Blend, Fresh Steamed Broccoli	B Continental Breakfast 10 L Grilled Turkey & Swiss on Marble Rye, Baked Lays Chips, Fresh Cucumbers & Bell Peppers w/ Hummus D Spaghetti w/ Tomato Meat Sauce, Garden Salad, Parmesan Bread
B Continental Breakfast 11 L Shrimp Scampi tossed over angel hair pasta, roasted asparagus and garlic breadstick D Cheese Enchilada Bake, Mexican Black Beans, Fresh Sauteed Buttered Corn Mother's Day National Skilled Nursing Care Week	B Egg & Sausage Biscuit Sandwich, Fresh Fruit 12 L Pulled Pork on a Wheat Bun, Sweet Potato Fries, Cucumber & Tomato Salad w/ Lemon-Herb Vinaigrette, Fresh Fruit D Beef Stir Fry, Steamed Rice, Tri-colored Vegetable Medley	B Hashbrown Egg Bake, Fresh Fruit & Morning Pastry 13 L Fish Taco w/ Slaw, Salsa & Sour Cream, Mixed Greens w/ Avocado & Mango, Fresh Fruit D Turkey Bacon Melt, Chive Roasted Potatoes, Steamed Green Beans	B Hard Boiled Eggs, English Muffin, Banana & Yogurt Parfait 14 L Ranch Grilled Chicken Lettuce Salad, Wheat Dinner Roll, Fresh Fruit D Brown Sugar Pork Chop with Grilled Pineapple, Mashed Potatoes, Summer Squash	B Scrambled Eggs, Bacon, Cinnamon Raisin Toast, Fresh Fruit 15 L Tuna Salad Sandwich on Wheat Bread w/ Lettuce, Sun Chips, Garden Salad w/ Creamy Herb Dressing D Herb Roasted Chicken, Baked Potato w/ Butter and Sour Cream, Steamed Broccoli	B Fried Eggs, Sausage Links, Wheat Toast, Fresh Fruit 16 L Grilled Cheeseburger w/ Fried Onions, Lettuce, Tomatoes & Pickles, French Fries, Brown Sugar Baked Beans, Fresh Fruit D Lemon Pepper Cod, Brown Rice, Honey-Glazed Carrots	B Continental Breakfast 17 L Chicken Waldorf Pasta Salad over Mixed Greens, Croissant, Fresh Fruit Cup D Chimichurri Pork Tenderloin, Brazilian Potato Salad, Sauteed Greens, Grilled Pineapple Armed Forces Day
B Continental Breakfast 18 L Chef Salad w/ Ham, Turkey, Tomato, Cucumber, Cheddar, Egg & Croutons, Warm Breadstick, Fresh Fruit D Buttermilk Chicken, Baked Potato w/ Sour Cream & Chives, Fire Roasted Beets, Wheat Dinner Roll	B French Toast w/ Fresh Berries & Warm Syrup 19 L Ham & Cheese Slider on Hawaiian Roll, Old Fashion Potato Salad, Baby Sweet Pickle, Marinated Cucumber Salad, Fresh Fruit D Ricotta Stuffed Shells w/ Spinach & Marinara Sauce, Roasted Carrots, Garden Salad Victoria Day (Canada)	B Fried Eggs w/ Wheat Toast, Breakfast Potatoes, Turkey sausage 20 L Southwest Beef Wrap w/ Corn Relish, Potato Chips, Cowboy Coleslaw Salad, Fresh Fruit D Roasted Pork Loin w/ Balsamic Glaze, Cornbread Bake, Fresh Green Beans	B Egg & Cheese Sandwich on English Muffin, Banana Yogurt Parfait 21 L Salmon Cakes w/ Creamy Mustard Sauce, Brown Rice, Spinach Salad w/ Vinaigrette D Meatloaf w/ Tomato Glaze, Red Skinned Mashed Potatoes, Broccoli, Wheat Dinner Roll, Fresh Fruit	B Scrambled Egg Strudel, Fresh Fruit 22 L Pulled Chicken on a Wheat Bun, Coleslaw, Fresh Fruit D Pasta Primavera w/ Sauteed Spring Vegetables, Garden Salad, Grilled Bread	B Poached Eggs, Hashbrowns, Wheat Toast & Fresh Fruit 23 L Pork Quesadillas, Shredded Lettuce, Avocado, Fresh Salsa, Mexican Black Beans, Fresh Fruit D Sauteed Garlic Shrimp, Orzo w/ Basil Pesto, Pea Pods	B Continental Breakfast 24 L Turkey & Brie w/ Cranberry Aioli w/ Lettuce on Wheat Bread, Mixed Green Salad w/ Apple Vinaigrette, Fresh Fruit D Herb Roast Beef w/ Horseradish Sauce, Mashed Potato, Sauteed Zucchini, Wheat Dinner Roll
B Continental Breakfast 25 L Grilled Cheese Sandwich on Wheat Bread w/ Pickles, Cauliflower Salad, Fresh Fruit Salad D Coconut Curry Chicken w/ Tomatoes, Rice, Broccoli, Fresh Fruit	B Hashbrown & Cheese Egg Bake, Raisin Toast, Berry & Yogurt Parfait 26 L Grilled Salmon over Mixed Greens w/ Vegetables, Lemon Orzo & Fresh Basil Crostini, Fresh Fruit D Garlic Dijon Pork Tenderloin, Roasted Rosemary Potato, Green Beans, Dinner Roll Memorial Day	B Fried Eggs w/ Bacon, Breakfast Potatoes, Wheat Toast, Fresh Fruit 27 L Grilled Turkey Burger w/ Bacon, Lettuce & Avocado, Sweet Potato Fries, Waldorf Salad D Homemade Lasagna w/ Italian Sausage, Caesar Salad, Garlic Bread	B Breakfast Burrito w/ Scrambled Eggs, Sausage, Cheese & Salsa, Fresh Fruit 28 L Greek Chicken Salad over Mixed Greens w/ Wheat Pita Bread, Caprese Salad, Fresh Fruit D Traditional Pot Roast w/ Carrots, Onions & Potatoes, Warm French Bread	B Bacon, Egg, Avocado on a Croissant, Fresh Fruit 29 L Meatball & Marinara on Wheat Hoagie w/ Pickles & Peppers, Creamy Cucumber Salad D Oven Fried Chicken, Mashed Potato, Baked Beans, Fresh Fruit	B Buttermilk Pancakes w/ Blueberries, Warm Syrup, Bacon & Fresh Fruit 30 L Pork & Rice Egg Roll Bowl w/ Cabbage, Peppers & Carrots, Fresh Fruit D Broiled Haddock w/ Lemon Caper Sauce, Creamy Polenta, Sauteed Medley of Fresh Vegetables, Wheat Dinner Roll	B Continental Breakfast 31 L Beef Tacos w/ Lettuce, Tomato & Cheddar, Refried Beans, Chips & Salsa D Cheese Tortellini Alfredo, Roasted Lemon Asparagus, Garlic Bread