



January 2020

Independent/Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Riley Crossing Senior Living Activities Calendar</p>			<p>1</p> <p>10:00 Perk Coffee Chat, Club 12:00 NCAA Football Outback Bowl: Minnesota vs. Auburn, TH & Comm 2:00 Mexican Train Dominoes, Club 3:00 Balloon Ball, MC 5:30 Movie Night, MC</p> <p>Happy New Year!</p>	<p>2</p> <p>9:15 Leave for Lund's Grocery Outing: Sign Up, Lob 10:00 Perk Coffee Chat, Club 12:00 Intergen Luncheon, MDR 1:30 BINGO, Club 3:00 Rock-A-Bye Baby, Lob 5:30 Bag Toss, MC 6:30 Short Stories, MC</p>	<p>3</p> <p>10:00 Perk Coffee Chat, Club 11:00 Grandfriends Circle, MC 12:30 BINGO, MC 1:30 Movie Matinee, TH 3:00 Friday Happy Hour, Club 6:30 Suzie Q Sing Along, MC</p>	<p>4</p> <p>10:00 Perk Coffee Chat, Club 12:30 Word Games, MC 1:15 Chair Yoga with Kaia, Fit 2:30 KAYR Tones Musical Performance, Comm 6:00 Saturday Cinema, TH</p>
			<p>5</p> <p>10:00 Perk Coffee Chat, Club 10:30 Sunday Stretch, MC 12:05 NFL Playoff Game: Vikings vs Saints, TH 1:30 Acoustics w/ Alison, MC 2:30 Ice Cream Sundaes, MC 6:30 Docuseries: America's Book of Secrets, TH</p>	<p>6</p> <p>9:30 Chair Yoga with Kaia, Fit 10:00 Perk Coffee Chat, Club 10:30 Fun with Grandfriends! MC 1:00 Dietician Becca Serving Up Knowledge & Meatballs, CM 3:00 Karli's Welcome Party, Club 6:00 Monday Movie, TH</p>	<p>7</p> <p>10:00 Perk Coffee Chat, Club 10:30 Suzie Q Sing Along, MC 1:30 Flower Arranging, MC 2:00 Bridge & Scrabble, Comm 3:00 Fire Drill, Stay in Place 3:15 Bowling League, Comm 5:30 Acoustics with Alison, MC 6:00 Netflix Series, TH</p>	<p>8</p> <p>9:30 Exercise 101 with Angela, Fit 10:00 Perk Coffee Chat, Club 10:30 Daycare Visits, Lob 2:00 Resident Town Hall, Comm 3:00 Mixology & Happy Hour, Club 6:00 Acoustics with Alison, MC</p>
<p>12</p> <p>10:00 Perk Coffee Chat, Club 1:30 Acoustics w/ Alison, MC 2:30 Ice Cream Sundaes, MC 6:30 Docuseries: America's Book of Secrets, TH</p>	<p>13</p> <p>9:30 Chair Yoga with Kaia, Fit 10:00 Perk Coffee Chat, Club 10:30 Fun with Grandfriends! MC 1:30 BINGO, MC 2:30 News Discussion, TH 5:30 Film Stars of the 50's, MC</p>	<p>14</p> <p>8:30 Intergen Breakfast Club, Lob 9:00 Men's Group, Club 10:00 Perk Coffee Chat, Club 10:30 Suzie Q Sing Along, MC 11:15 St. Hubert's Catholic Mass, CH 12:15 Little Women Cinema Outing, Lob 1:30 Let's Bake: Pie, MC 2:00 Bridge & Scrabble, Comm 6:00 Netflix Series, TH</p> <p><i>*Last day to sign up for Mamma Mia! Tickets*</i></p>	<p>15</p> <p>9:15 Leave for Lund's Grocery Outing: Sign Up, Lob 10:00 Perk Coffee Chat, Club 10:30 Music with Grandfriends, Club 2:00 January Birthday Party with Music from Tara B!, CM 3:00 Mixology & Happy Hour, Club 5:30 Classical Music Club, MC</p>	<p>16</p> <p>10:00 Perk Coffee Chat, Club 12:00 Intergen. Luncheon, MDR 1:30 BINGO, Club 3:00 Mexican Train Dominos, Club 3:30 Rock-A-Bye Baby, Lob 7:00 NHL: Wild vs Lightning, TH</p>	<p>17</p> <p>9:30 Bone Builders, Fit 10:00 Perk Coffee Chat, Club 10:30 Grandfriends Circle, MC 1:30 Movie Matinee, TH 3:00 Friday Happy Hour, Club 6:30 Suzie Q Sing Along, MC</p>	<p>18</p> <p>10:00 Perk Coffee Chat, Club 11:00 Sue's Card Shop, Club 12:30 Word Games, MC 1:15 Chair Yoga with Kaia, Fit 3:00 Taste Test: Chocolate, Club 6:00 Saturday Cinema, TH</p>
<p>19</p> <p>9:30 Exercise 101 with Angela, Fit 10:00 Perk Coffee Chat, Club 10:30 Sunday Stretch, MC 1:30 Wooddale Church Service, TH 2:30 Ice Cream Sundaes, MC 6:30 Docuseries: America's Book of Secrets, TH</p>	<p>20</p> <p>9:30 Chair Yoga with Kaia, Fit 10:00 Perk Coffee Chat, Club 10:30 Martin Luther King Jr. Remembrance, MC 1:30 BINGO, MC 2:30 News Discussion, TH 7:00 NHL: Wild vs Panthers, TH</p> <p>MLK Day</p>	<p>21</p> <p>10:00 Perk Coffee Chat, Club 10:30 Suzie Q Sing Along, MC 1:30 Let's Bake: Banana Bread, MC 2:00 Bridge & Scrabble, Club 3:00 Bowling League, Comm 6:00 Netflix Series, TH</p>	<p>22</p> <p>9:30 Exercise 101 with Angela, Fit 10:00 Perk Coffee Chat, Club 10:30 Daycare Visits, Lob 1:30 Art with Heart: Birch Tree Newspaper Art, MC 2:00 Coffee with the Chef, Club 3:00 Mixology & Happy Hour, Club 6:00 Acoustics with Alison, MC</p>	<p>23</p> <p>10:00 Perk Coffee Chat, Club 12:00 Intergen. Luncheon, MDR 1:30 BINGO, Club 3:00 Mexican Train Dominos, Club 3:30 Rock-A-Bye Baby, Lob 6:30 Docuseries: America's Book of Secrets, TH</p>	<p>24</p> <p>9:30 Bone Builders, Fit 10:00 Perk Coffee Chat, Club 10:30 Grandfriends Circle, MC 1:30 Movie Matinee, TH 3:00 Friday Happy Hour, Club 6:30 Suzie Q Sing Along, MC</p>	<p>25</p> <p>10:00 Perk Coffee Chat, Club 12:30 Word Games, MC 1:15 Chair Yoga with Kaia, Fit 3:00 Garden Club: Planting Herbs, MC 6:00 Saturday Cinema, TH</p>
<p>26</p> <p>10:00 Perk Coffee Chat, Club 10:30 Sunday Stretch, MC 1:30 Acoustics w/ Alison, MC 2:30 Ice Cream Sundaes, MC 6:30 Docuseries: America's Book of Secrets, TH</p>	<p>27</p> <p>9:30 Chair Yoga with Kaia, Fit 10:00 Perk Coffee Chat, Club 10:30 Fun with Grandfriends! MC 12:30 Watercolor Painting, MC 1:30 BINGO, MC 2:00 News Discussion, TH 3:00 Piano with John, ML 5:30 All About Elvis Presley, MC</p>	<p>28</p> <p>10:00 Perk Coffee Chat, Club 10:30 Suzie Q Sing Along, MC 11:15 St. Hubert's Catholic Mass, CH 1:30 Let's Bake: Nutter Butter Penguins, MC 2:00 Bridge & Scrabble, Club 3:00 Bowling League, Comm 6:00 Netflix Series, TH</p>	<p>29</p> <p>9:15 Leave for Lund's Grocery Outing: Sign Up, Lob 10:00 Perk Coffee Chat, Club 10:30 Music with Grandfriends, Club 1:30 Art with Heart: Tile Coasters, MC 3:00 Mixology & Happy Hour, Club 6:30 Classical Music Club, MC</p>	<p>30</p> <p>10:00 Perk Coffee Chat, Club 12:00 Intergen. Luncheon, MDR 1:30 BINGO, Club 3:00 Mexican Train Dominos, Club 3:30 Rock-A-Bye Baby, Lob 6:30 Docuseries: America's Book of Secrets, TH</p>	<p>31</p> <p>9:30 Bone Builders, Fit 10:00 Perk Coffee Chat, Club 10:30 Grandfriends Circle, MC 1:30 Movie Matinee, TH 3:00 Friday Happy Hour, Club 6:30 Suzie Q Sing Along, MC</p>	<p>MEETING PLACES</p> <p>Lob-- Meet in Lobby MC-- Memory Care Club-- Club Room Fit-- Fitness Room MDR-- Main Dining Room Comm-- Community Room ML-- Music Lounge CH-- Chapel TH-- Theater</p>

January 2020 – Memory Care

Memory Care/Dimensions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Riley Crossing Activities Calendar (MC)</p>			<p>1</p> <p>10:30 Coffee Perk, MC 12:30 Sit & Fit, MC 2:00 Snack Social, MC 3:00 Balloon Ball, MC 5:30 Movie Night, MC</p> <p>Happy New Year!</p>	<p>2</p> <p>9:00 Coffee Perk, MC 10:30 Devotional, MC 2:00 Snack Social, MC 3:30 Rock-A-Bye Baby, Lob 5:30 Bag Toss, MC 6:30 Short Stories, MC</p>	<p>3</p> <p>9:00 Coffee Perk, MC 11:00 Grandfriends Circle, MC 12:30 BINGO, MC 2:00 Snack Social, MC 3:00 Happy Hour, CL 5:30 Short Stories, MC 6:30 Suzie Q Sing Along, MC</p>	<p>4</p> <p>9:00 Coffee Perk, MC 10:30 Saturday Stretch, MC 12:30 Word Games, MC 2:30 KAYR Tones Musical Performance, CM 5:30 Checkers & Chess, MC</p>
			<p>5</p> <p>9:30 Coffee Perk, MC 10:30 Sunday Stretch, MC 12:30 Fun & Games, MC 1:30 Acoustics w/ Alison, MC 2:30 Ice Cream Sundaes, MC 6:00 Movie Night, MC</p>	<p>6</p> <p>9:30 Sit & Fit, MC 10:30 Fun with Grandfriends! MC 12:30 News Perk, MC 1:00 Knowledge & Meatballs, CM 2:00 Snack Social, MC 3:00 Welcome Party for Karli, CL 5:30 Balloon Ball, MC 6:30 Wheel of Fortune, MC</p>	<p>7</p> <p>9:30 Sit & Fit, MC 10:30 Suzie Q Sing Along, MC 12:30 News Perk, MC 1:30 Flower Arranging, MC 2:00 Snack Social, MC 3:00 Fire Drill, Stay in Place 3:15 Bowling League, Comm 5:30 Acoustics with Alison, MC 6:30 Movie & Popcorn, MC</p>	<p>8</p> <p>9:30 Sit & Fit, MC 10:30 Suzie Q Sing Along, MC 12:30 News Perk, MC 2:00 Snack Social, MC 2:00 Fun & Games, MC 3:00 Mixology & Happy Hour, CL 6:00 Acoustics with Alison, MC</p>
<p>12</p> <p>9:30 Coffee Perk, MC 10:30 Sunday Stretch, MC 12:30 Fun & Games, MC 1:30 Acoustics w/ Alison, MC 2:30 Ice Cream Sundaes, MC 6:00 Movie Night, MC</p>	<p>13</p> <p>9:30 Sit & Fit, MC 10:30 Fun with Grandfriends! MC 12:30 News Perk, MC 1:30 BINGO, MC 2:00 Snack Social, MC 5:30 Film Stars of the 50's, MC 6:30 Balloon Ball, MC</p>	<p>14</p> <p>9:30 Sit & Fit, MC 10:30 Suzie Q Sing Along, MC 11:15 St. Hubert's Catholic Mass, CH 12:30 News Perk, MC 1:30 Let's Bake: Pie, MC 3:00 Bowling League, Comm 5:30 Word Games, MC 6:30 Movie & Popcorn, MC</p>	<p>15</p> <p>9:30 Sit & Fit, MC 10:30 Music with Grandfriends, CL 12:30 News Perk, MC 2:00 January Birthday Party with Music from Tara B!, CM 3:00 Mixology & Happy Hour, CL 5:30 Classical Music Club, MC 6:30 Sing & Stretch, MC</p>	<p>16</p> <p>9:30 Sit & Fit, MC 10:30 Devotional, MC 12:30 News Perk, MC 1:30 BINGO, CL 2:00 Snack Social, MC 3:30 Rock-A-Bye Baby, Lob 5:30 Watercolor Painting, MC 6:30 Wheel of Fortune, Ch 823</p>	<p>17</p> <p>9:30 Sit & Fit, MC 10:30 Grandfriends Circle, MC 12:30 News Perk, MC 2:00 Snack Social, MC 3:00 Happy Hour, CL 5:30 Bag Toss, MC 6:30 Suzie Q Sing Along, MC</p>	<p>18</p> <p>9:30 Coffee Perk, MC 10:30 Saturday Stretch, MC 12:30 Word Games, MC 3:00 Taste Testing, Club 5:30 Saturday Cinema, MC</p>
<p>19</p> <p>9:30 Coffee Perk, MC 10:30 Sunday Stretch, MC 12:30 Fun & Games, MC 2:30 Ice Cream Sundaes, MC 6:00 Movie Night, MC</p>	<p>20</p> <p>9:30 Sit & Fit, MC 10:30 Martin Luther King Jr. Remembrance, MC 12:30 News Perk, MC 1:30 BINGO, MC 2:00 Snack Social, MC 5:30 Manicures, MC 6:30 Balloon Ball, MC</p>	<p>21</p> <p>9:30 Sit & Fit, MC 10:30 Suzie Q Sing Along, MC 12:30 News Perk, MC 1:30 Let's Bake: Banana Bread, MC 3:00 Bowling League, Comm 5:30 Word Games, MC 6:30 Movie & Popcorn, MC</p>	<p>22</p> <p>9:30 Sit & Fit, MC 10:30 Suzie Q Sing Along, MC 12:30 News Perk, MC 1:30 Art with Heart: Birch Tree Newspaper Art, MC 2:00 Snack Social, MC 3:00 Mixology & Happy Hour, CL 6:00 Acoustics with Alison, MC</p>	<p>23</p> <p>9:30 Sit & Fit, MC 10:30 Devotional, MC 12:30 News Perk, MC 1:30 BINGO, CL 2:00 Snack Social, MC 3:30 Rock-A-Bye Baby, Lob 5:30 Flower Arranging, MC 6:30 Wheel of Fortune, Ch 823</p>	<p>24</p> <p>9:30 Sit & Fit, MC 10:30 Grandfriends Circle, MC 12:30 News Perk, MC 1:30 Fun & Games, MC 2:00 Snack Social, MC 3:00 Happy Hour, CL 5:30 Bag Toss, MC 6:30 Suzie Q Sing Along, MC</p>	<p>25</p> <p>9:30 Coffee Perk, MC 10:30 Saturday Stretch, MC 12:30 Word Games, MC 3:00 Garden Club: Planting Herbs! MC 5:30 Saturday Cinema, MC</p>
<p>26</p> <p>9:30 Coffee Perk, MC 10:30 Sunday Stretch, MC 12:30 Fun & Games, MC 1:30 Acoustics w/ Alison, MC 2:30 Ice Cream Sundaes, MC 6:00 Movie Night, MC</p>	<p>27</p> <p>9:30 Sit N' Fit, MC 10:30 Fun with Grandfriends! MC 12:30 Watercolor Painting, MC 1:30 BINGO, MC 2:00 Snack Social, MC 3:00 Piano with John, ML 5:30 All About Elvis Presley, MC 6:30 Balloon Ball, MC</p>	<p>28</p> <p>9:30 Sit N' Fit, MC 10:30 Suzie Q Sing Along, MC 11:15 St. Hubert's Catholic Mass, CH 12:30 News Perk, MC 1:30 Let's Bake: Nutter Butter Penguins, MC 3:00 Bowling League, Comm 5:30 Word Games, MC 6:30 Movie & Popcorn, MC</p>	<p>29</p> <p>9:30 Sit & Fit, MC 10:30 Music with Grandfriends, CL 12:30 News Perk, MC 1:30 Art with Heart: Tile Coasters, MC 2:00 Snack Social, MC 3:00 Mixology & Happy Hour, CL 5:30 Classical Music Club, MC 6:30 Sing & Stretch, MC</p>	<p>30</p> <p>9:30 Sit & Fit, MC 10:30 Devotional, MC 12:30 News Perk, MC 1:30 BINGO, CL 2:00 Snack Social, MC 3:30 Rock-A-Bye Baby, Lob 5:30 Mindfulness: 5 senses, MC 6:30 Wheel of Fortune, Ch 823</p>	<p>31</p> <p>9:30 Sit & Fit, MC 10:30 Grandfriends Circle, MC 12:30 News Perk, MC 1:30 Fun & Games, MC 2:00 Snack Social, MC 3:00 Happy Hour, CL 5:30 Bag Toss, MC 6:30 Suzie Q Sing Along, MC</p>	<p>MEETING PLACES</p> <p>Lob-- Meet in Lobby MC-- 1st Fl. Memory Care CL-- 1st Fl. Club Room CM-- 2nd Fl. Community Room CH-- 4th Fl. Chapel</p>